



Course Description

DAA1200 | Ballet Dance 1 | 2.00 – 3.00 credits

Designed to provide experiences relative to the various aspects of ballet techniques and terminology at a primary level. Special fee.

Course Competencies:

Competency 1: The student will correct the execution of beginning ballet steps using proper body alignment, turnout, and weight distribution on the feet by:

1. Aligning the body correctly
2. Utilizing proper turnout
3. Distributing weight effectively on the feet

Competency 2: The student will understand and use the ballet vocabulary correctly when referring to movements by:

1. Demonstrating accurate pronunciation
2. Applying proper terminology
3. Identifying and differentiating movements

Competency 3: The student will respond to verbal requests and instructions, define the movement, spell ballet terms correctly, and demonstrate them in action by:

1. Responding promptly
2. Defining movements accurately
3. Spelling ballet terms correctly
4. Demonstrating movements proficiently

Competency 4: The student will understand the way in which correct body alignment correlates with ballet movement by:

1. Analyzing body alignment
2. Applying correct alignment principles
3. Enhancing movement through alignment

Competency 5: The student will understand how to put together steps to form beginning-level combinations that are performed with musical counts by:

1. Sequencing steps effectively
2. Syncopating movements with musical counts
3. Incorporating musicality and expression

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Demonstrate an appreciation for aesthetics and creative activities